

Message 0040 – How to Enter Heaven – Role of Suffering
On January 14, 2011 @ 10:00 AM
Message Reading – Gerlyn
Date of Input and Sharing – September 8, 2020

Notes: Commentaries are in bullets

My beloved daughter the way in which I communicate with you is beginning to change. While I have, in previous messages, warned My children of the urgency to repent in order to achieve salvation, My next communications will focus on helping souls to aim towards spiritual perfection. Paradise, My daughter, although the rightful home for each and every one of you, is not easy to enter. The entrance is small and only so many can enter at a time. In order to enter souls must show humility and place themselves fully in My hands. They must push aside pride, strong will and the eagerness and attachment they have for the material things on this earth if they want to enter Heaven. All My children who are starting on their spiritual journey towards Me now that they understand the truth need to work hard now and understand the qualities essential to enter My Father's Kingdom.

Commentary

- The way of communicating is changing: "from the **urgency to repent** in order to achieve salvation, to helping souls to **aim towards spiritual perfection**."
- Repentance for our sins is always the beginning. If we repent there is a recognition that we have offended God and so with a humble disposition, as a repentant sinner we are not only sorry for our sins but we wish more than that, we want to retribute for the sins we have committed. After that, we try our best not to offend God anymore and so we also try our best not to commit the same sin again
- And so here we are, we already have that resolve not to offend God anymore, but in the process, we commit the same sin again, and we fall to the ground again, back to zero. That is the sad part of it and that is always the process. And we realize again that we have offended God once more, and we rise from the fall and we stand ready with our resolve not to sin again, and the cycle repeats, over and over, and over again. That is why the road to spiritual perfection is a long process and can even last a lifetime
- Now as we rise and fall, fall and rise, we also learn many things in the process. I don't believe that we have not learned anything from the major episodes of our lives, there is always a learning process
- And this is where I would like to share to you the pointers of St. Therese of Avila in her beautiful book, the Interior Castle. Here, she talks about the **mastery of the self**. We need to master ourselves so we can love God even more. In her philosophy, the more we know ourselves, the more we will be able to love God even more, the more that God can shape us according to His own design. God is the potter, we are the clay. Sometimes God has to crush the pot, and remold it again according to His own design

- Every one of us has our own weak and strong points. Know for yourself how strong you are and how weak you are in certain areas of your own life
- Remember that Satan is very cunning. He will not only tempt us when we are in our WEAK state. He will tempt us when we are at our WEAKEST moment of our life, when we are at our lowest ebb in life
- I will give an example so you may fully understand. Back in the seminary we have what we call "processing" where we process about our experiences after a month-long exposure program
- One seminarian is very smart and intelligent and very articulate and eloquent. During exposure he stays with a loving housemother but the housefather is very strict, almost dictating everyone in the family on what to do
- And he has unpleasant comments about his housefather during the processing. The facilitator asked why? The processing is not really about your experience but how the experience affected you
- Now it comes out that he is very tired of authority, of those in command, the authority of his own father, and so he was triggered, and he went wild, shouting and cursing his real father during that serene evening in the beach because his father has no work, he does not provide for them, only the mother works as a dressmaker while the father is lazy and they are forced to do extra work to help support the family
- So what was the lesson here? The seminarian cannot accept the fact about the ugly truth of his father; cannot accept the ugly truth about himself. His heart is filled with anguish and rancor. He needs to be reconciled with his father and confront all the things that happened to the family
- From here, the healing process begins. Eventually he went out of the seminary
- **ACCEPTANCE** of who we are is so basic. Because if we cannot accept our own self, we cannot recognize that the self is a beautiful gift from God, and we only tend to look on others as better than ourselves, so you do not like yourself. **ACCEPTANCE OF THE SELF IS SO BASIC BECAUSE THE SELF IS AN IMAGE OF GOD**
- It is always painful to accept the reality of our ugly self but accepting the truth of who we are will set us free! And so begins the journey that the self is so beautiful as God loves us so much as you also love God in freedom. **ACCEPTANCE** is the key to happiness.
- So as we know ourselves better, we now know where we are, and we do not succumb to temptation even at our weakest point
- So this is now what we mean with what John 12:24-26 is saying: "Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains by itself alone; but if it dies, it bears much fruit." Knowing the self is dying from the old self and grow again and bear much fruit
- The road to Paradise that Jesus is talking about in this message is now in the offing, now in the horizon, because you know how to balance yourself as the road is narrow and the entrance is small. But no matter how small it is as Jesus said: "so many can enter at a time."

Back to Message

Importance of Humility

Humility is a term many of My children understand through My teachings. While many of My followers understand why it is important they are confused as to what it really entails. Humility means sincerity. It means accepting, with dignity, the trials, challenges and abuses you will find yourselves facing especially when you come in My name. My best advice is this. Think of yourself as a child, a simple innocent child with no knowledge of the evil society that you would normally experience as an adult.

Communicate at all times in your prayers to Me through the eyes and the heart of a child. Keep prayers and communication simple. I do not expect you to recite all prayers handed down out of love to the world. Look up and share your problems with Me. Share your sufferings. Give them over to Me. You will be rewarded greatly when you accept sorrow or suffering in your lives for Me. You may not realise this but when you do you are saving many souls and are paving the way for them to enter Heaven. This fact will not be revealed to you until you, too, enter Heaven where you will experience the glory of your generous gift to Me.

Commentary

- Humility is the banner of all virtues. All virtues begin with humility. You cannot bow your head if you are so arrogant
- Jesus defines it. "It means accepting, with dignity, the trials, challenges and abuses you will find yourselves facing especially when you come in My name"
- Meaning, we are at God's own disposal. When we pray to God – **WE TALK TO GOD**. Just like what we do every night, we talk to God. Do you think God is disturbed with all the noise in Zoom? No, because God looks at the heart. God can hear us even in the midst of a bomb explosion. But it does not mean also that we will just be careless no matter what noise we create because we will also distract others and we are not helping others to pray
- And when we meditate in the silence of our hearts – **GOD TALKS TO US**.
- And this is the most important that I have experienced in my 22 years of life as a religious; build a personal relationship with the Lord
- Jesus is saying: "communicate in your prayers to Me ... look up and share your problems with Me. Share your sufferings. Give them over to Me"
- Talk to the Lord, cry with the Lord, lament with the Lord, and share to the Lord in a very personal manner. You will discover later that you have already built an intimacy with the Lord
- You cannot rely on others all the time, but you can rely on the Lord at all times. You feel that after a conversation with the Lord, you will look differently on the problems that burdened you

Back to Message

Do not lose your temper when defending your faith

When showing humility this means accepting what goes on around you, painful though it may be. Show dignity at all times even when My name is being scorned in your company. By all means defend – and passionately if you so desire – but never dismiss the abusers by publicly scorning him. Explain the truth of My teachings calmly. Do not lose your temper. Do not show fear of the abuser either. Be firm. Defend yourself but only by reiterating My teachings. Never be afraid to speak the truth openly.

Do not confuse humility with cowardice. Some of My followers who understand the importance of humility and its relevance in sanctifying souls confuse this by staying silent when My name is mocked in public. Yes, you should never judge the person who ridicules Me or My Eternal Father or, indeed, My beloved Blessed Mother, but you should stand your ground in defense of the truth.

Commentary

- So here, Jesus is reminding us to remain humble, peaceful, and calm when we are confronted about our faith, about what we believe especially the Book of Truth
- Jesus is telling us to remain dignified, firm and strong on what we stand for. If we defend the teachings of our Lord, we must never lose our composure, we do not rant and scorn those who do not believe what we believe. We defend our faith with peace, calm, and serenity of soul

Back to Message

Sorrow a gift from God

When speaking to Me, as a child, understand this. If you open your hearts and place all your trust in Me I will direct you when you suffer sorrow in this earth. Do not turn your back on Me. While it is excruciatingly painful My children consider sorrow a gift from God. A Blessing. Because it is through sorrow and suffering that purification takes place. Offer your sufferings to Me. By doing so you are relieving the torment I endure, when I experience the pain of My Passion on the cross over and over again each day as I witness the horror in the world today.

The Purification which takes place when you accept sorrow or suffering, no matter how bad, when offered up with joy for the salvation of mankind cannot be truly understood by you My children. But as you draw closer to Me by opening your hearts, abandoning your will to Me and completely surrendering to Me you will understand more.

You see it is only by doing this that you will be in union with Me. And when you do, your trials and suffering on earth will ease. In time you will accept suffering with joy in your hearts. Especially when you offer this as gift to Me. Suffering is a gift from God and is permitted. The souls you will help save guarantees you a place in My Father's Kingdom. These teachings are not new My children. It is just that you have not been reminded of the simple truth.

Commentary

- It might be a little sad and forlorn that we look at this sub-topic and knowing that **Sorrow a gift from God?**
- Not really. I have already shared to you that the sufferings and pains in this world are the reasons why we have so much sorrow
- But again, we should never forget that suffering is **REDEMPITIVE** in character, because we share with the sufferings of our Lord that made redemption possible; the reason that sorrow becomes a gift because of its redemptive character
- How many saints and mystics would say that I would choose to suffer more years of suffering on earth than suffer them a day of suffering in purgatory
- We do not waste our pains, and sufferings; offer them instead to God and as Jesus said: "In time you will accept suffering with joy in your hearts"

Back to Message

My messages and teachings have never changed. They are simple and are summarised in the Gospels and in the Ten Commandments. Just remember when you give yourself to everyone you give yourself to Me. Show love to your neighbour and you show love to Me. Treat him the way in which you would expect to be treated yourself. And never forget that when you find yourself becoming angry with others and are tempted to do them harm or punish them in any way that I am present in them – even in those who hate Me.

Inflict damage on any of My children and you do the same to Me. In time, My children, all these graceful actions will make sense. Pray every day for the strength to live your life in My name. Know that every time you forgive another, although he may seem like the enemy, you expand My Heart of Love and Mercy. For that you will receive eternal happiness in Heaven. Pray for perseverance. Imitate My life. It won't be easy. But your actions, no matter how small, will help souls.

Commentary

- Jesus ends this message with the Golden Rule of the Scriptures: "So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets." (Matthew 7:12)
- If we love others, we do the same to our Lord

Your beloved Teacher and Saviour
 Jesus Christ – One with God the Eternal Father
 and the Holy Spirit